

# Turmeric Latte

## DRINKS

## Ingredients

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- 2 cups Truly Gluten Free Extra Creamy Oat Milk
- 2 tbsp Truly Grass Fed Unsalted Butter
- 1 tbsp turmeric
- 1 tbsp honey
- 1/2 tsp ground cinnamon
- 3 cardamom pods
- Pinch of ground ginger

## Instructions

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1. Heat oat milk in a small pot over low heat.
2. Add butter, turmeric, cinnamon, cardamom pods, honey, and ginger to milk. Stir frequently for about 3 minutes until milk is warm, but not boiling.
3. Strain latte to remove cardamom pods.
4. Froth latte for a few seconds.
5. Add more honey for desired sweetness and garnish with a sprinkle of ground cinnamon.



*Naturally Irish. Truly Delicious.*